To be better prepared as a nation, we ALL must do our part to plan for disasters. Individuals with or without disabilities can decrease the impact of a disaster by taking steps to prepare BEFORE an emergency occurs.



EMERGENCY PLAN

For People with Disabilities

This plan is being completed for the following individual/family:
First Contact Name
Telephone Number
Email Address
Relationship
Second Contact Name
Telephone Number
Email Address
Relationship

EMERGENCY CONTACTS

INFORMATION CARD

MSCOD and EquipALife partnered to develop this disability-focused emergency preparedness plan. Thanks to Ready.PA (www.readypa.org) for sharing resources.



Your Policy, Training and Technical Resource

121 East 7th Place, Suite 107, St. Paul, MN 55101

Phone: 651-361-7800 (v/tty)

Toll-free: 800-945-8913 (v/tty) council.disability@state.mn.us

www.disability.state.mn.us

Name of Medication:
Reason for Taking:
Dose and Schedule:
Name of Medication:
Reason for Taking:
Dose and Schedule:
Name of Medication:
Reason for Taking:
Dose and Schedule:
Name of Medication:
Reason for Taking:
Dose and Schedule:
Name of Medication:
Reason for Taking:
Dose and Schedule:

Non-Life Threatening Allergy: What Happens: Non-Life Threatening Allergy: What Happens: Non-Life Threatening Allergy: What Happens: Life Threatening Allergy: What Happens: Life Threatening Allergy: What Happens: What Happens:

MEDICAL CONDITIONS

Include information such as diabetes, heart condition, etc
Condition/disability
Condition/disability
Condition/disability
Condition/disability

MEDICAL EQUIPMENT

Include information such as wheelchairs, crutches, oxygen, etc
Type of Equipment



IMPORTANT INFORMATION

Doctor's Name	Telephone	Address
Other Doctor	 Telephone	Address
 Pharmacist	 Telephone	Email
Medical Insurance	 Telephone	Policy/Account number
Life Insurance	Telephone	Policy/Account number
Home/Rental Insurance	 Telephone	Policy/Account number
Personal Care Attendant	Telephone	Email
Service Animal Name	Breed	Vaccination dates
Veterinarian Info	Telephone	Email
Kennel Info	Telephone	Contact name

FARMERS/RANCHER







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Have you prepared a detailed plan of action? If so, is it attached to this document?	Yes Yes	No No
Have you assembled a peer support group? If so, is list of names & numbers attached to this document?	Yes Yes	No No
Do you need assistance during an evacuation? If so, have you contacted or registered with your local fire or police department?	Yes Yes	No No
Have you contacted friends or family members within 15 to 40 miles to make emergency arrangements for temporary livestock care?	Yes	No
Do you have legal and adequate markings on your livestock in order to prove ownership?	Yes	No
Have you prepared a livestock disaster box with ropes, halters, concentrated feed, medicines, copies of ownership papers, buckets or feed nets, garden hose, flashlight or lantern, blankets or tarps, portable radio and spare batteries, and livestock first aid supplies?	Yes	No

DO NOT FORGET TO COMPLETE YOUR GO BAG!

- First aid kit, meds, special items
- Extra glasses or contacts
- Water, food, can opener
- Radio, flashlight, batteries
- Whistle, candles, matches/ lighter
- · Clothing, rain gear, sturdy shoes
- Personal Care Products (soap, etc.)
- Copies of this and other important documents in waterproof container.

What is missing	in your
Go Bag? List iter	ns here

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